

PROGRAM OF LECTURES

Definition of meeting types and relevant guidelines

- ◆ **Public Meetings** – All members and the public are welcome to attend.
- ◆ **General Meetings** – For Perth members, with interested members of the public welcome to attend up to 4 meetings, with the objective to explore and confirm an interest in becoming a member of the TS. If after attending 4 meetings the person is not interested in becoming a member they are requested to restrict their visits to other options open to the public.
- ◆ **Members Only Meetings** – Are strictly for current Perth and visiting TS members only. Non-members will not be admitted to the meeting.

All sessions, unless otherwise stated, start at 7:30 PM

All of the contents and images presented, and opinions expressed in the lectures are fully the responsibility of the speaker, and not necessarily those of the Theosophical Society in Perth.

MAY

Tue 7 May General Meeting	White Lotus Day , by Suzanne Stout The 8 th May 2024 will be the 133 rd anniversary of the passing of Helena Petrovna Blavatsky (H.P.B.) from the physical plane. White Lotus Day is an annual event that is celebrated by Theosophists around the world on the anniversary of H.P.B.'s death. It is an opportunity for us to come together to commemorate the contribution H.P.B. made to the Theosophical Society and to humanity. We also traditionally have readings from Sir Edwin Arnold's <i>The Light of Asia</i> , and <i>The Bhagavad-Gita</i> .
Tue 14 May General Meeting	The Golden Stairs, a Stairway to Heaven or Highway to Hell , by George Wester A pragmatic exploration of "The Path" from various esoteric and everyday perspectives.
Tue 21 May General Meeting	Energetic and Functional Kinesiology , by Shannon Hawkins Energetic and Functional Kinesiology embraces a holistic view of man and healing as a path to knowing oneself more deeply and illuminating all aspects of one's life. Shannon will give a general overview of what kinds of techniques are involved in a kinesiology session as well as introducing background knowledge of this modality.
Tue 28 May General Meeting	Exploring One's Shadow, Lucifer, Ahriman and the Psychology of the Devil , by Richard Glenk Focusing on insights from famous persons including Carl Jung and Rudolf Steiner and how understanding the Darkness can provide a light on the path.

JUNE

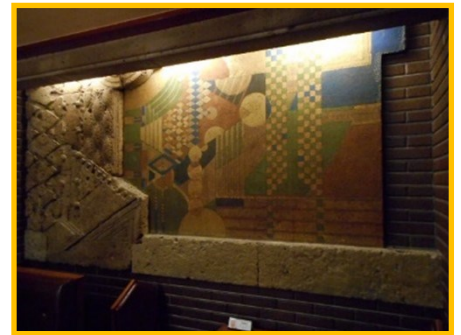
Tue 4 June General Meeting	Pranic Healing , by Deepak Singh Pranic healing is a complementary energy healing school that addresses the physical, psychological, and spiritual functions of 11 major energy centres, minor energy centres, and mini energy centres in our healing journeys. The session will have an overview of the healing system and also help us to understand the spiritual bridge that is created towards higher spiritual teachings.
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JUNE

<p>Tue 11 June General Meeting</p>	<p style="text-align: center;">清静经 – Qingjing Jing, Classic of Tranquillity – Part 2, by Li Farghaly</p> <p>The Qingjing Jing 清静经. (<i>Classic of Tranquillity</i>) is an anonymous Tang Dynasty Taoist classic that combines philosophical themes from the Dao De Jing with the logical presentation of Buddhist texts and a literary form reminiscent of the Heart Sutra. It instructs students of the Dao to practice the elimination of desire in order to cultivate spiritual purity and stillness.</p>
<p>Tue 18 June General Meeting</p>	<p style="text-align: center;">Aurobindo and Auroville – Part 1, by Mary and Jean-Robert Hote</p> <p>In this first part, Jean-Robert will explore the education and life of the great Indian saint, Sri Aurobindo. His teaching led to the foundation of Auroville in Puducherry (formally Pondicherry), south of Chennai, a place where Mary and Jean-Robert stayed for a week in January after the 2020 International Convention in Adyar. It is said that Auroville is the first and only international endorsed ongoing experiment in human unity and transformation of consciousness.</p>
<p>Tue 25 June General Meeting</p>	<p style="text-align: center;">John G. Bennett, by Becky Newell</p> <p>John G. Bennett (1897-1974) was a British academic and author, known for his writings on mathematical physics as well as his many books on psychology and spirituality. We will consider the life of John G. Bennett in light of his association with the two teachers of 'practical mysticism', George Ivanovitch Gurdjieff and Peter D. Ouspensky.</p>
<h2 style="text-align: center;">JULY</h2>	
<p>Tue 2 July General Meeting</p>	<p style="text-align: center;">The Legions of the Light, by Roberta Steedman</p> <p>Discover the Hierarchy of the Angels, revealing their individual gifts and talents. With this knowledge we can expand our consciousness and call upon their assistance in our times of need.</p>
<p>Tue 9 July General Meeting</p>	<p style="text-align: center;">Changing Perspectives, by Hana O'Rourke</p> <p><i>"To change ourselves effectively, we first had to change our perceptions."</i> – Stephen R. Covey. <i>"Look at everything as though you are seeing it either for the first or last time, then our time on earth will be filled with glory."</i> – Betty Smith, <i>A Tree Grows in Brooklyn</i>. These two quotes succinctly summarise the intent with which I placed together the ideas and examples in my talk. I hope that a lively discussion ensues, but also that everyone takes away from this evening some new ways to look at the world outside, and also the world inside.</p>
<p>Tue 16 July General Meeting</p>	<p style="text-align: center;">Asala and Wesak Festivals, by Jean-Robert Hote</p> <p>The Wesak and Asala festivals represent two important events for the Buddhist faith. Both are directly related to the life of Lord Buddha. They are held annually in May for Wesak and in July for Asala, both on the full moon. Students of the spiritual life can be invited to participate on the astral plane in those festivals if they wish to. They are particularly important for students of the Esoteric School.</p>

JULY

<p>Tue 23 July General Meeting</p>	<p>Nature and Environment – a Bahai Perspective, by Dr Jimmy Seow</p> <p>Dr Seow has over 40 years of experience working in the area of the environment in government policy, environmental management and protection, industry and research, and is a long-standing member of the Bahai community of over 50 years. His talk presents nature and the environment from a Bahai perspective of God as the Creator of the universe, nature and the environment, how does Bahais view nature and the environment, sharing some examples of Bahai environmental Initiatives and emphasizing the importance of nature and environmental stewardship.</p>
<p>Tue 30 July General Meeting</p>	<p>The Enigma of the ‘Teikoku’ Hotel’s Mural in Tokyo, by Annette Condello</p> <p>In Tokyo, theosophical links exist in Frank Loyd Wright’s Imperial Hotel (or ‘Teikoku’ Hotel) design. Does the existing fireplace mural in its current location unveil esoteric links to Mayan culture? Remembering Hilma Af Klint’s cosmic profiled paintings, this talk will outline Noemi Raymond’s contribution to Wright’s design and other architectural-world connections between the Americas and Japan.</p>



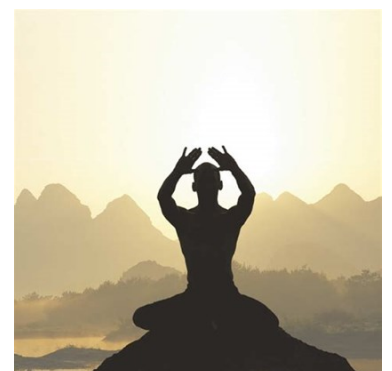
HIGH PERFORMANCE AGING

A Mt. Helena Event 27-28/07/2024

The practice of High Performance Aging is deliberately slow-paced and centered around the concept of using balance and our centre as our reference point for moving, or standing still. It blends conventional strength and conditioning with elements of Yoga and Qi Gong. Through this practice, we refine our **proprioception** and **interoception**, becoming more mindful of how we move and breathe. We also develop stability, strength, resilience, energy and an innate sense of well being.

The object is to unify the body and the mind and cultivate a yin body state, fostering a lifestyle that promotes physical and mental well-being and empowering individuals to lead lives filled with movement and vitality promoting holistic health and personal growth.

Presented by fully qualified personal trainer Chris Newell



Register in the Library or email
mthelena@tsperth.com.au
by Mon 22nd July

ART RETREAT

6TH & 7TH JULY 2024



View from Olcott, Oil on Canvas by Antony Rieck 2024



Greetings! You are warmly invited to join our Theosophical Winter art retreat at Mount Helena, within the Perth Hills for a weekend of creativity, reflection, collaboration, and meditation.

Surrounded by nature, it is a perfect space to develop your creative skills as well as connect your inner and outer selves and share with other artists. You are encouraged to pursue your own art project or participate in any collaborative activities such as Sculpture making from found objects in nature, or just discussing art & spirituality around the fireplace.

What's included:

- Central studio space and meeting room.
- Accommodation and basic amenities (shared bathrooms and kitchen)
- Tea, coffee, hot chocolate, juices, and continental breakfast makings.
- Some professional guidance as required.

What's not included:

- Food. Please bring your own breakfast and lunch makings. There is an IGA and cafes in proximity.
- Dinner Friday & Saturday night will be a group gathering at the Mt Helena Tavern.
- Bedding. Please bring your own bedding including a pillow.
- Basic art material of your own choosing.

Information

Location: Mount Helena Theosophical Retreat
1540 Bunning Road, Mt Helena

Retreat is limited to 25 people and on a first come basis.

Cost

TS Members \$50, Non-TS members \$65. To secure a spot full payment should be made at the earliest convenience or no later than the week before the retreat in which case a spot may not be available.

Bookings

Bookings can be made to mthelena@tsperth.com.au

Subject: Winter MH Art Retreat 2024

All EFT payments to be made to:

BSB 086488

Acc. 697487911

Reference: Art + your name

Payment can also be made at the Branch - cash/eftpos

Retreat schedule and material list will be finalised and released closer to the event.

The Theosophical Link Contributions

Members of TS Perth Branch are heartily invited to contribute articles, poems, book reviews and any news affiliated with the Branch to the Editor for possible future inclusions in the Link. Email your submissions to info@tsperth.com.au — these will be gratefully accepted. The closing date for all items for inclusion in the next edition of the Theosophical Link is: **1st July, 2024.**

Your contributions and any feedback are truly appreciated. A big Thank-You to our regular contributors!